

Columbus Community Hospital

Where your health matters.

2022



Columbus Community Hospital is a not-for-profit, 50-bed, acute care hospital that is certified for swing beds with an additional 14 ambulatory outpatient beds. Established in 1972 when St. Mary Hospital and Behlen Memorial Hospital merged, CCH is governed by a local board of directors, licensed by the Department of Health and Human Services and accredited by the Joint Commission.



QUICK FACTS:

Our People:

Columbus Community Hospital is composed of:

- More than 900 employees.
- An active medical staff of 52 physicians representing 14 medical specialties.
- An additional 15 specialty services available for the community on an intermittent basis from visiting physicians.
- More than 230 volunteers.



Our Services:

- 24-hour, level III trauma care.
- Acute rehabilitation.
- Anesthesia.
- Aquatic therapy.
- Birth and infant care.
- Cancer treatment and survivor programs.
- Cardiopulmonary rehabilitation.
- Child care center.
- Community wellness and education programs.
- Concussion management clinic.
- Diabetes and health education.
- Diagnostic imaging.
- Dietitian services.
- e-Mental health triage.
- Emergency services.
- Endoscopy.
- Healthy Families program.
- Home health services.
- Hospice programs.
- Hospitalists.
- Illness and injury support groups.
- Infusion services.
- Inpatient hemodialysis.
- Inpatient pharmacy.
- Intensive care.
- Interpreter services.
- Laboratory services.
- Lifeline.
- Neonatal intensive care.
- Occupational health services.
- Oncology patient navigation program.
- Opioid services.
- Orthopedic services.
- Otolaryngology services.
- Plastic surgery.
- Psychiatry services.
- Rehabilitative services: occupational, physical and speech therapy.
- Respiratory care.
- Simulation lab.
- Sleep lab.
- Social work.
- Sports medicine program.
- Stroke care.
- Surgery: inpatient and outpatient.
- Surge joint replacement program.
- Swing bed unit.
- VIP patient transportation.
- Volunteer services.
- Wound, ostomy and continence care services.



OUR FACILITY

- Columbus Community Hospital's 153,000-square-foot hospital building was constructed in 2002 and is located on 80 acres in the northwest part of Columbus, Nebraska.
- In 2012, the hospital completed a 30,000-square-foot addition. This allowed for expansion in the emergency department, increased patient privacy in the registration area and created a women's imaging center.
- In fall 2015, the hospital collaborated with the YMCA to open the Columbus Wellness Center on adjacent property. Most of the Rehabilitative Services department moved to the Columbus Wellness Center, and the pediatric rehabilitation service, Wiggles & Giggles Therapy for Kids, moved there from its off-site location.
- In August 2017, the CCH-owned Child Care Center opened. The CCH Child Care Center accommodates up to 101 children and gives CCH employees a convenient child care option.
- Our hospital offers inpatient and outpatient care, surgery and 24-hour emergency care.
- The hospital's South Campus houses offices for Home Health and hospice, Healthy Families and Occupational Health Services.

SENIOR BEHAVIORAL HEALTH UNIT



In fall 2021, CCH opened a senior behavioral health unit that serves older adults who have mental health conditions such as depression, anxiety and bipolar disorder.

The hospital offers the 10-bed unit for short-term stays of 10-14 days. Four psychiatrists and four nurse practitioners provide clinical coverage 24/7, with additional support from a team of nurses, social workers, therapists and a dietitian.

FIELDHOUSE

CCH broke ground on the Columbus Fieldhouse on Oct. 20, 2021.

The new sports complex/fieldhouse will integrate fitness, wellness, rehabilitation services and child care — all under one roof. It will include tennis courts, a football field, a soccer field, volleyball courts, basketball courts and a suspended track for walking and running.

CCH will manage and operate the facility, but the YMCA will also offer programs and activities there. The fieldhouse will provide another place for community members to gather in winter months when outdoor recreation opportunities are limited.

In 2015, CCH built a Health and Wellness Center to give community members a place to exercise and learn healthy habits. The new fieldhouse — which will be just north of the Columbus Wellness Center at 3912 38th St. — is an extension of the hospital's mission to enhance community wellness.

Initial designs of the facility project that it will be approximately 220,000 square feet and cost approximately \$52 million. Hospital leaders expect the project to take 12-18 months.



COLUMBUS SURGERY CENTER



CCH acquired Columbus Surgery Center in June 2021.

The center — located at 3772 43rd Ave., Suite B. — has been serving the Columbus community and surrounding area since 2007. It offers state-of-the-art equipment for ophthalmology, pain and endoscopy procedures. CCH bought the center because Dr. Peter Diedrichsen, a general ophthalmologist who opened it, was looking to transition ownership.

Hospital leadership felt purchasing the practice would allow continued patient care at the center and expand the hospital's service lines to include ophthalmology. The center offers ophthalmology surgery and procedures to treat glaucoma and cataracts. CCH completed several renovations on the Columbus Surgery Center in fall and winter 2021, and held an open house for the updated facility in January 2022.



CARDIAC CATHETERIZATION LAB

CCH will open a new cardiac catheterization lab in 2022 as part of its recent expansion and renovation project.

The lab is fully equipped with advanced technology to perform minimally invasive tests and procedures that will diagnose and treat heart disease. In many cases, the presence of a cath lab at the hospital will eliminate the need to transport patients to another hospital for comprehensive cardiac care. With this addition, patients can receive the timely and critical care they need in Columbus.

COLUMBUS CANCER CARE

CCH took ownership of Columbus Cancer Care in December 2021. This acquisition is a crucial first step toward the hospital's ultimate goal of creating a cancer center concept.

Columbus Cancer Care, located at 3764 39th Ave., provides radiation therapy treatments for cancer patients, including TomoTherapy and daily treatments. It has been serving people in Columbus and surrounding areas since 2011.

The Columbus Cancer Care staff continues to provide the highest level of patient care to the community.

INFECTIOUS DISEASE EXPERTS

In July 2021, CCH's Wound, Ostomy and Continence (W.O.C.) Health Center partnered with Bryan Telemedicine (Teledigm Health) to develop an interprofessional consultation program.

Through this program, board-certified infectious disease physicians provide additional support for diagnosing and treating complex patients in the W.O.C. Health Center.

This program allows CCH providers to use an expert infectious disease provider's recommendations to make clinical decisions. It's an additional layer of specialized support CCH offers to the community, so area residents do not have to travel to receive this type of care.



RENOVATION AND EXPANSION PROJECT

CCH recently completed its \$35 million expansion and renovation project, which it has been working on since April 2019.

The largest structural change as part of the project was a new, expanded surgical services area that was completed in October 2020. It includes operating rooms, a pre- and post-op area, a new patient surgery department and a post anesthesia care unit.

The hospital's maternal child health department was also upgraded as part of the renovation, and the updated unit opened in early 2021. It now occupies 18,400 square feet, which is nearly double its previous size.

The cardiopulmonary rehabilitation and radiology departments received major updates as part of the renovation. Cardiopulmonary rehabilitation is now housed in a new addition on the first floor, and the radiology department added several new pieces of state-of-the-art equipment as part of the project.

Several other areas of the hospital were also renovated or improved during the project, including the kitchen, staff offices, gift shop, chapel and cafeteria.

SLEEP APNEA TREATMENT

CCH is now offering a new treatment for obstructive sleep apnea that allows people to find relief with a simple push of a button.

A small device called Inspire® helps people who cannot use continuous positive airway pressure (CPAP) to address their sleep apnea. Doctors place Inspire under the skin, and when patients turn it on at night using a handheld remote, it gently moves the tongue forward, allowing the airway to remain open during sleep.

Dr. Patrick Henderson, a physician at Columbus Otolaryngology Clinic, is one of only two doctors in Nebraska to offer this alternative treatment option to patients with obstructive sleep apnea.



DA VINCI SYSTEM

CCH's board of directors recently acquired a state-of-the-art surgical robot created by Intuitive — the da Vinci® Xi robotic system.

The da Vinci has three components: a surgeon console, a robot with four working arms and a vision cart. The surgeon sits at the console to see a magnified view of the operating field and uses special controls to move the instruments attached to the robot during surgery. This technology allows for greater capabilities in the operating room, while providing minimally invasive surgery for patients.

Medical professionals have used da Vinci systems to perform robotic-assisted surgeries for more than 20 years. This specific system enhances surgical techniques for surgeons in the specialties of general surgery, gynecology and urology. It allows CCH to offer an expanded array of procedures and allows patients to stay local for their care.

Dr. Jacob Oran, general surgeon at Columbus General Surgery, and four robotics-trained nurses completed the first surgery using the technology — an inguinal hernia repair — on Aug. 27, 2021.

CARDIAC CALCIUM SCORING

In 2021, CCH started offering cardiac calcium scoring. This procedure is also known as coronary artery calcium (CAC) scoring, a heart scan or a calcium score. It checks for plaque or calcium buildup in the coronary arteries, which can cause heart disease or lead to a heart attack.

During a cardiac calcium scoring scan, a patient lies on their back on the computed tomography (CT) table, and staff place electrocardiogram (EKG) electrodes on the patient's chest to monitor their heart rate. The CT table moves in very small increments every few seconds while taking pictures.

The scan only takes about 15 seconds. When it is complete, radiology technicians process the images and a radiologist interprets the results before reporting them to the patient's referring doctor.

CCH offers this procedure now thanks to the new Siemens SOMATOM Definition Edge CT machine it added as part of its recent expansion and renovation project.

PHYSICIAN RECRUITMENT



Dr. Thomas Saylor *(January 2021)*

Dr. Thomas Saylor started seeing patients at CCH's Columbus Orthopedic & Sports Medicine Clinic in January 2021. Saylor completed his Bachelor of Science degree in microbiology at Oregon State University in Corvallis, Oregon, before receiving his Doctor of Medicine from the University of Nevada, Reno School of Medicine. He completed a residency in orthopaedic surgery at Southern Illinois University School of Medicine in Carbondale, Illinois. To further his training, Saylor also completed a shoulder, elbow, hand and microsurgery fellowship at the University of Florida, Department of Orthopaedics and Rehabilitation in Gainesville, Florida.



Dr. Jacob Oran *(February 2021)*

Dr. Jacob Oran started seeing patients at CCH's Columbus General Surgery in February 2021. Oran completed a Bachelor of Science degree in biochemistry and Bachelor of Arts degree in chemistry at the University of Nebraska-Lincoln before receiving his Doctor of Medicine from the University of Nebraska Medical Center in Omaha. He also completed his residency in general surgery at UNMC.



Jennifer Swantek, MSN, APRN, FNP-BC, PMHNP-BC *(June 2021)*

Jennifer Swantek, MSN, APRN, FNP-BC, PMHNP-BC, started seeing patients at Columbus Psychiatry Clinic in June 2021. Swantek received her Bachelor of Science in nursing from the University of Nebraska Medical Center in Lincoln. She earned her Master of Science in nursing from Clarkson College in Omaha, Nebraska, where she also received a post-master's certificate as a family nurse practitioner. She later received her post-master's certificate in nursing as a psychiatric mental health nurse practitioner from the University of Colorado – Colorado Springs.



Dr. Kavir Saxena *(August 2021)*

Dr. Kavir Saxena is the medical director of CCH's new senior behavioral health unit. He joined the hospital in August 2021. Saxena completed his residency in psychiatry in India, and continued his education and training in Richmond, Virginia, where he also completed his fellowship. He has been working in psychiatry since 1996, in both inpatient and outpatient settings and with all age groups. He is affiliated with multiple Nebraska hospitals, including Mary Lanning Healthcare in Hastings and CHI Health Good Samaritan in Grand Island.



Staci Stempek, MSN, APRN, FNP

(September 2021)

Staci Stempek, MSN, APRN, FNP, started seeing patients in CCH's emergency department in September 2021. She received her Bachelor of Science in nursing from Briar Cliff University in Sioux City, Iowa. She then earned her Master of Science in nursing, family practice, from Creighton University in Omaha, Nebraska.



Mikayla Kelley, PA-C *(October 2021)*

Mikayla Kelley, PA-C, started seeing patients at CCH's Columbus Orthopedic & Sports Medicine Clinic in October 2021. Kelley received her Bachelor of Science in biology from the University of Nebraska Omaha. She then earned her Master of Science in physician assistant studies from College of Saint Mary, also in Omaha, in August 2021.



Tara Sjuts, PhD, LP *(December 2021)*

Tara Sjuts, PhD, LP, joined Columbus Psychiatry Clinic in December 2021. Sjuts received her PhD in school psychology from the University of Nebraska-Lincoln, and completed her internship and post-doctoral training at the Munroe-Meyer Institute at the University of Nebraska Medical Center in Omaha. She is Columbus Psychiatry Clinic's first psychologist, and the only psychologist practicing in Columbus.

CCH CONTINUES TO ADAPT TO COVID-19 PANDEMIC

Early in the pandemic, CCH and its staff adapted as information and regulations were continually changing.

The staff's flexibility included adjusting to Centers for Disease Control and Prevention guidelines and providing education regarding the importance of compliance for hand hygiene, universal masking and social distancing. The entire CCH team also had to pull together to make sure the hospital had enough personal protective equipment and negative pressure rooms for COVID-19 patients.

As of January 2022, CCH has cared for more than 400 COVID-19 patients, and continues to provide the latest care to the community, including COVID-19 vaccines and monoclonal antibodies.



TOP 20 RURAL & COMMUNITY HOSPITAL

In spring 2021, CCH was named one of the Top 20 Rural & Community Hospitals in the United States by the Chartis Center for Rural Health. CCH was the only hospital in Nebraska included on the list. The selected hospitals were identified through the Hospital Strength INDEX®, the most comprehensive and objective assessment of U.S. rural prospective payment system hospital performance. The determining factors for the top 20 rural and community hospitals were based on eight indices: inpatient market share, outpatient market share, quality, outcomes, patient perspective, costs, charge and financial efficiency.



NEBRASKA SAFE BABY CHAMPION CERTIFICATE

In October 2021, CCH's maternal child health department received the Nebraska Safe Baby Champion Certificate from the Nebraska Department of Health and Human Services.

The Nebraska Safe Babies campaign is designed to provide education on safe sleep and abusive head trauma for both parents of newborns and staff at birthing hospitals across the state. The goal of the campaign is to increase awareness and decrease sudden unexpected infant death (SUID).

As part of this campaign, parents receive education on safe sleep and abusive head trauma throughout their birthing journey at CCH. This education begins with their first visit to the maternal child health department, continues through their birthing stay and concludes with the final discharge videos.



PATIENT TRANSFER PARTNERSHIPS

In January 2021, CCH entered into new partnerships to provide air and ground medical transportation.

Effective Jan. 11, 2021, CCH became a new air ambulance base for LifeNet, a subsidiary of Air Methods, the nation's largest air transportation service. Air Methods moved its base that was formerly located in Fremont to CCH. As part of this move, an air ambulance helicopter is now stationed at the hospital for the first time. The base will serve residents of Columbus, Fremont, Albion, Central City, Schuyler, David City, Aurora and other communities surrounding Columbus.

CCH also recently established a new partnership for medical ground transportation with Priority Medical Transport, which operates multiple advanced life support and basic life support ambulances 24 hours a day. It offers high-quality basic and advanced life support and critical care medical transport services.



Our mission is to improve the health of the communities we serve.

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