

# Columbus Community Hospital

*Where your health matters.*

**2021**

Columbus Community Hospital is a not-for-profit, 50-bed, acute care hospital that is certified for swing beds with an additional 14 ambulatory outpatient beds. Established in 1972 by the merger of St. Mary Hospital and Behlen Memorial Hospital, CCH is governed by a local board of directors, licensed by the Department of Health and Human Services and accredited by the Joint Commission.



## QUICK FACTS:

### Our People:

Columbus Community Hospital is made up of:

- More than 900 employees
- An active medical staff of 52 physicians, representing 14 medical specialties
- An additional 15 specialty services brought to the community on an intermittent basis by over 110 visiting physicians
- More than 250 volunteers



### Our Services:

- 24-hour, Level III trauma care
- Acute rehabilitation
- Anesthesia
- Aquatic therapy
- Birth and infant care
- Cancer treatment and survivor programs
- Cardiopulmonary rehabilitation
- Child care center
- Community wellness and education programs
- Concussion management clinic
- Diabetes and health education
- Diagnostic imaging
- Dietitian services
- e-Mental health triage
- Emergency services
- Endoscopy
- Healthy Families program
- Home health services
- Hospice programs
- Hospitalists
- Illness and injury support groups
- Infusion services
- Inpatient hemodialysis
- Inpatient pharmacy
- Intensive care
- Interpreter services
- Laboratory services
- Lifeline
- Neonatal intensive care
- Occupational health services
- Oncology patient navigation program
- Opioid services
- Orthopedic services
- Otolaryngology services
- Plastic surgery
- Psychiatry services
- Rehabilitative services: occupational, physical and speech therapy
- Respiratory care
- Simulation lab
- Sleep lab
- Social work
- Sports medicine program
- Stroke care
- Surgery – inpatient and outpatient
- Surge joint replacement program
- Swing bed unit
- Volunteer services
- Wound, ostomy and continence care



## OUR FACILITY

- Columbus Community Hospital's 153,000-square-foot hospital building was constructed in 2002 and is located on 80 acres in the northwest part of Columbus, Nebraska.
- In 2012, the hospital completed a 30,000-square-foot addition. This allowed for expansion in the emergency department, increased patient privacy in the registration area and created a women's imaging center.
- In fall 2015, the hospital collaborated with the YMCA to open the Columbus Wellness Center on adjacent property. Most of the Rehabilitative Services department moved to the Columbus Wellness Center and the pediatric rehabilitation service, Wiggles & Giggles Therapy for Kids™, moved there from its off-site location.
- In August 2017, the CCH-owned Child Care Center opened. The CCH Child Care Center accommodates up to 101 children and gives CCH employees a convenient child care option.
- Our hospital offers inpatient and outpatient care, surgery, and 24-hour emergency care.
- The hospital's south campus houses offices for the medical outreach services of Home Health and Hospice, Healthy Families and Occupational Health Services.

## RENOVATION AND EXPANSION PROJECT

CCH broke ground on a \$35-million expansion and renovation project on April 5, 2019, and the project is expected to be complete by fall 2021.

The largest structural change as part of the project was a new, expanded surgical services area that was completed in October 2020. It includes operating rooms and a pre- and post-op area. The roomier operating rooms incorporate the newest technology, and a new outpatient surgery department and post anesthesia care unit are also part of the renovation.

The hospital's maternal child health department was also upgraded as part of the renovation and the updated unit opened in early 2021. It now occupies 18,400 square feet, which is nearly double its previous size. The secure unit includes eight labor, delivery, recovery and postpartum rooms, four postpartum rooms, two observation rooms and a larger neonatal intensive care unit with four private rooms.

A separate addition on the first floor houses several departments that were relocated, including a renovated cardiopulmonary rehabilitation department, which now offers more space for the department's exercise equipment. Several other areas of the hospital were also renovated or improved during the project, including the radiology department, kitchen, staff offices, gift shop, chapel and the cafeteria, which added a new Java City Coffee bar.

## FIELD HOUSE

In February 2021, CCH announced its plans to build a new field house. The multipurpose field house will be an indoor sports and fitness facility that will provide exercise and wellness opportunities for all ages. Initial designs of the facility project that it will be approximately 220,000 square feet and cost approximately \$34 million. The hospital plans to break ground on the field house in fall 2021 and the project is expected to take approximately 12-18 months.

The field house will offer a wide variety of fitness and recreation areas, both indoor and outdoor, including spaces for football, soccer, basketball, volleyball and racket sports. It will also have running and walking tracks, and space for some of CCH's physical therapy and rehabilitation services. CCH will manage and operate the facility, but YMCA programs and activities will also be offered there. The field house will also provide another place for community members to gather in winter months when outdoor recreation opportunities are limited.

## SENIOR BEHAVIORAL HEALTH UNIT

In fall 2021, CCH will open a senior behavioral health and geriatric psychiatric program which will serve older adults who have mental health conditions like depression, anxiety and bipolar disorder. The 10-bed unit will be offered in partnership with Horizon Health Behavioral Health Services, a Texas-based organization that focuses on hospital-based behavioral health. The unit is designed for short-term stays of 10 to 14 days.

## VIP PATIENT TRANSPORTATION SERVICE

In September 2020, CCH started offering the Very Important Patient (VIP) Patient Transportation Service to increase access to health care. The curb-to-curb service provides free transportation for non-emergency patients who have no other means of transportation. The drivers bring the patients to their appointments and take them home after their appointments. There is no designated service area for the program. While the majority of rides are provided to patients in Columbus, the service has been extended as far as Central City, which is about 40 miles away.

## COVID-19 RESPONSE

Like all health care organizations, CCH spent most of 2020 responding to the threat of COVID-19. That spring, CCH created marketing campaigns that urged community members to stay safe and stay home, and they implemented internal safety precautions like visitor restrictions, COVID-19 screenings and mask requirements. They also cancelled hospital events or moved them online. In May 2020, medical screeners hired and trained by CCH started performing COVID-19 screenings at local businesses, offices and manufacturing plants. The next month, CCH became a TestNebraska site and started offering drive-thru COVID-19 testing. CCH moved the site to a winter location in October 2020 and has continued to offer testing into 2021.



## NEW PATIENT TRANSFER PARTNERSHIPS

In January 2021, CCH entered into new partnerships to provide air and ground medical transportation.

Effective Jan. 11, CCH became a new air ambulance base for LifeNet, a subsidiary of Air Methods, the nation's largest air transportation service. Air Methods moved its base that was formerly located in Fremont to CCH. As part of this move, an air ambulance helicopter is now stationed at the hospital for the first time. The air ambulance base is staffed by a 12-member crew including pilots, flight nurses, flight paramedics and mechanics. The base will serve residents of Columbus, Fremont, Albion, Central City, Schuyler, David City, Aurora and other communities surrounding Columbus.

CCH also recently established a new partnership for medical ground transportation with Priority Medical Transport which operates multiple advanced life support and basic life support ambulances 24 hours a day. It offers high-quality basic and advanced life support and critical care medical transport services.



## LITTLE FREE LIBRARY

In July 2020, CCH expanded its health education and outreach by opening a Little Free Library on its campus. The Little Free Library, which is located near the CCH Child Care Center at 3970 Health Parkway, is accessible to the public 24 hours a day, seven days a week. The purpose of the library is to encourage reading in community members of all ages. CCH filled the library with books to teach children about health and wellness. Spanish and English books are included.



## NEW RADIOLOGY EQUIPMENT

As part of its expansion and renovation project, CCH is adding new equipment in its radiology department, including the:

- **Artis Q Ceiling System** - a hybrid system that can be used for interventional radiology and cardiology procedures.
- **SOMATOM Definition Edge CT** - a computerized tomography scanner that will result in shorter scan times and improved imaging.
- **MAGNETOM Altea 1.5T MRI** - a magnetic resonance imaging machine that includes technology that will adapt, anticipate and accelerate exams with greater image quality.
- **MAMMOMAT Revelation 3D Tomo/Biopsy Digital Mammography System** - a system that performs tomosynthesis scans with an angle range of 50 degrees, the widest on the market. It also features a specimen imaging tool and a high-definition breast biopsy solution that helps target suspicious areas.

## THE JADA® SYSTEM

In November 2020, CCH became the first hospital in the state — and one of the first 10 hospitals in the country — to use the Jada® System to control and treat postpartum hemorrhage and abnormal postpartum uterine bleeding. The Jada® System is the first new treatment to be made available for this purpose in the U.S. in over a decade. In many cases it controls bleeding in as little as three minutes. The Cleveland Clinic, one of the largest hospitals in the country, named devices like Jada® as part of its “Top 10 Medical Innovations of the Year” for 2021.

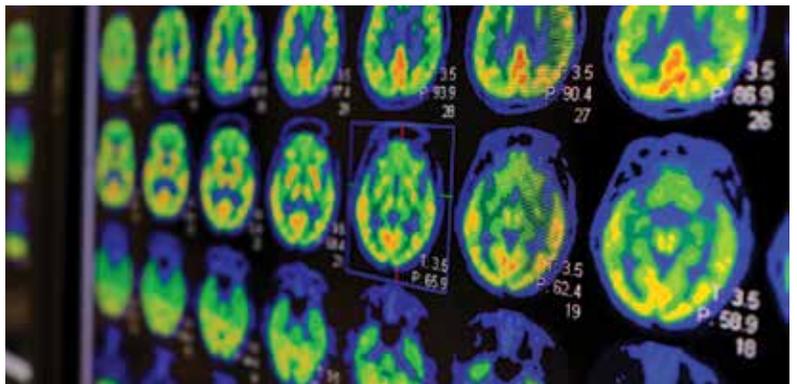


## EXPANDED SIMULATION OFFERINGS

In fall 2020, the CCH Foundation helped fund the purchase of a \$5,500 geriatric simulator for the hospital’s simulation lab. The simulator helps health care professionals better understand a variety of age-related physical challenges. It joins the other lifelike simulators in the lab that represent adult and pediatric patients, as well as a birthing mother and a newborn. These simulators give health care professionals hands-on training with complex medical scenarios without any risk to patients.

## LUCAS MECHANICAL CPR DEVICES

CCH received grant money from The Leona M. and Harry B. Helmsley Charitable Trust to purchase LUCAS mechanical chest compression devices for use during the COVID-19 pandemic and beyond. The LUCAS® Chest Compression System delivers consistent, reliable and uninterrupted chest compressions. It has been shown to improve the quality of chest compressions and help sustain circulation during prolonged resuscitation attempts.



## NEW PET SCANNER SERVICES

Positron emission tomography scans are imaging tests that show how tissues and organs are functioning. CCH offers these tests through a mobile service called Shared Medical Services that visits the hospital once a week. Starting July 30, 2020, Shared Medical Services started offering PET scans at CCH with a new, digital scanner that allows for better image quality, more detail and faster scan times.

## PHYSICIAN RECRUITMENT



**Sonya Wemhoff, PA-C, ATC** (February 2020)

Sonya Wemhoff, PA-C, ATC, started seeing patients at CCH's Columbus Orthopedic & Sports Medicine Clinic in February 2020. Wemhoff completed her bachelor's degree in natural science with a minor in athletic training at Midland Lutheran College in Fremont. She completed a Master of Arts degree in health, physical education and recreation at the University of Nebraska at Omaha and earned her Master of Science degree with a physician assistant specialization from the University of Nebraska Medical Center in Omaha.



**Dr. Kerri Kulovitz** (March 2020)

Dr. Kerri Kulovitz started seeing patients at CCH's Columbus Orthopedic & Sports Medicine Clinic in March 2020. Kulovitz is an orthopedic surgeon who specializes in conditions related to the hand, wrist, elbow and shoulder. She completed her bachelor of science degree in molecular and cellular biology at the University of Illinois at Urbana Champaign, before attending Midwestern University in Downers Grove, Illinois, for medical school and residency. Following residency, she completed her fellowship in hand and microvascular surgery at the State University of New York at Stony Brook.



**Dr. Kaare Kolstad Jr.** (October 2020)

Dr. Kaare Kolstad Jr. started seeing patients at CCH's Columbus Orthopedic & Sports Medicine Clinic in October 2020. He completed his bachelor's degree in economics at Yale University in New Haven, Connecticut, before receiving his medical degree from the University of Connecticut School of Medicine in Farmington, Connecticut. He completed an orthopedic residency at Sidney Kimmel Medical College at Thomas Jefferson University in Philadelphia, Pennsylvania, and a fellowship in orthopedic sports medicine at Hofstra Northwell School of Medicine Lenox Hill Hospital Program in New York City.



**Dr. Patrick Henderson** (October 2020)

Dr. Patrick Henderson started seeing patients at CCH's Columbus Otolaryngology Clinic in October 2020. He completed his bachelor's degree in chemistry and biology at Gannon University in Erie, Pennsylvania, before receiving his doctorate of osteopathy from Ohio University Heritage College of Osteopathic Medicine. He completed a residency in otorhinolaryngology/orofacial plastic surgery at Doctors Hospital in Columbus, Ohio, and a residency in general surgery at Western Reserve Hospital in Cuyahoga Falls, Ohio.



**Dr. Thomas Saylor** (January 2021)

Dr. Thomas Saylor started seeing patients at CCH's Columbus Orthopedic & Sports Medicine Clinic in January 2021. Saylor completed his Bachelor of Science degree in microbiology at Oregon State University before receiving his Doctor of Medicine from the University of Nevada, Reno School of Medicine. He completed a residency in orthopaedic surgery at Southern Illinois University School of Medicine. To further his training, Saylor also completed a shoulder, elbow, hand and microsurgery fellowship at the University of Florida, Department of Orthopaedics and Rehabilitation.



**Dr. Jacob Oran** (February 2021)

Dr. Jacob Oran started seeing patients at CCH's Columbus General Surgery in February 2021. Dr. Oran completed a Bachelor of Science degree in biochemistry and Bachelor of Arts degree in chemistry at the University of Nebraska-Lincoln before receiving his Doctor of Medicine from the University of Nebraska Medical Center. He completed his residency in general surgery at the University of Nebraska Medical Center.

## NEW STAFF JOIN CONCUSSION MANAGEMENT CLINIC



*Dr. Deb Anderson*



*Kimberly Brandenburg, APRN*

CCH's Concussion Management Clinic provides comprehensive care for people with concussions and closed head injuries of varying severity. Its team consists of trauma and sports medicine physicians, trauma nurses, athletic trainers, physical therapists, occupational therapists and speech therapists. The newest members of the Concussion Management Clinic team are Dr. Deb Anderson and Kimberly Brandenburg, APRN, who joined the CCH Concussion Management Clinic in February 2020. Anderson cares for the clinic's patients who are infants to 19 years old, and Brandenburg is the primary provider for the clinic's adult concussion patients, ages 19 and up.



## TOP 20 RURAL & COMMUNITY HOSPITAL

In February 2020, CCH was named one of the top 20 rural and community hospitals in the country. The award was announced by the National Rural Health Association, a national nonprofit membership organization with more than 20,000 members that provides leadership on rural health issues. CCH received the award because it was one of the 20 highest-ranked prospective payment system hospitals in the country based on an evaluation by the Chartis Center for Rural Health, an advisory and analytics firm for the health care industry. CCH was also recognized as one of the top 100 rural and community hospitals based on this same index.



## LEAPFROG SAFETY SCORE – STRAIGHT A's

Columbus Community Hospital has again been recognized for its commitment to patient safety with an “A” grade in The Leapfrog Group’s Spring 2020 Hospital Safety Score. The Leapfrog Group is a national nonprofit organization that collects and reports information on more than 2,600 hospitals across the country. The Leapfrog Group then assigns letter grades to hospitals based on their records of patient safety. CCH has earned an “A” grade for 10 consecutive scoring cycles, maintaining a “Straight A” record. According to The Leapfrog Group, this is the nation’s most prestigious honor for patient safety.



*Our mission is to improve the health of the communities we serve.*



## BLUE CROSS AND BLUE SHIELD OF NEBRASKA PREFERRED CENTER

In January 2020, CCH was designated as a Preferred Center for total knee and hip replacements by Blue Cross and Blue Shield of Nebraska, an independent licensee of the Blue Cross and Blue Shield Association. A Nebraska Preferred Center is a surgical facility that has demonstrated high quality through: low readmission rates, low infection rates, high patient satisfaction, and lower costs for total knee and hip replacements. CCH is one of five surgical facilities in the state to receive this designation.



## BLUE DISTINCTION® CENTER FOR MATERNITY CARE

In fall 2020, CCH was designated as a Blue Distinction® Center for Maternity Care by Blue Cross and Blue Shield of Nebraska, an independent licensee of the Blue Cross and Blue Shield Association. Blue Distinction Centers are health care facilities recognized for their expertise and efficiency in delivering specialty care. In 2020, the Blue Distinction Centers for Maternity Care Program was expanded beyond traditional outcome measures to include assessments of internal quality improvement, data collection and dissemination, and internal protocols that better address clinical quality and equity issues in maternity care.

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